

KNOW YOUR **COLD** VS. **FLU** SYMPTOMS

COLD

VS.

FLU

DID YOUR SYMPTOMS BEGIN...

OVER A FEW DAYS

OR

APPEAR SUDDENLY



YOU MAY HAVE A COMMON COLD

YOU MAY HAVE THE **FLU**

Symptoms usually appear over several days

Symptoms usually come on quickly and are often severe



CHECK YOUR SYMPTOMS



COMMON COLD

FLU



STUFFY OR RUNNY NOSE



SNEEZING



FEVER



SORE THROAT



COUGHING



WATERY EYES



HEADACHE



BODY ACHES



VOMITING



DIARRHEA



FATIGUE



**YOU LIKELY HAVE
A COMMON COLD**

**YOU MAY HAVE
THE FLU**

SEE YOUR DOCTOR IF SYMPTOMS GET
WORSE OR LAST FOR MORE
THAN TWO WEEKS.

SEEING YOUR DOCTOR IS
THE ONLY WAY TO BE SURE YOU
HAVE THE FLU.