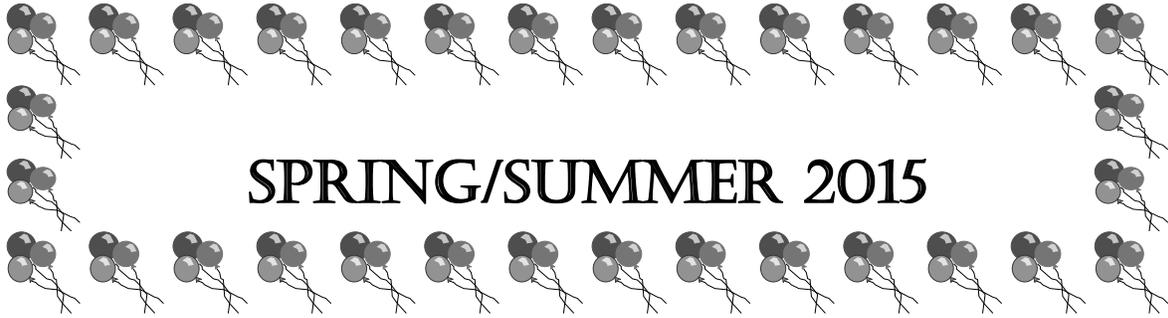
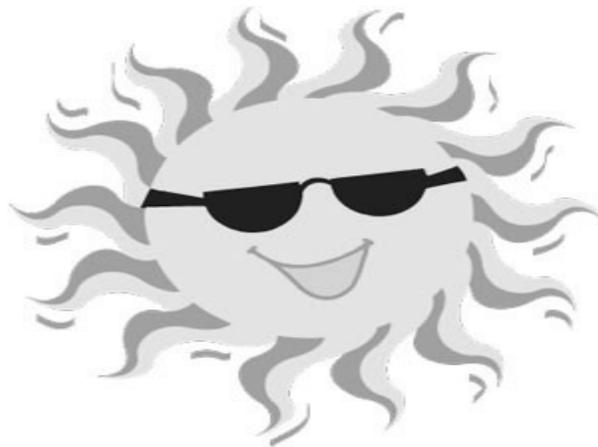


# Fairhaven Recreation

227 HUTTLESTON AVENUE  
508-993-9269  
www.fairhaven—ma.gov



SPRING/SUMMER 2015



Hours	
Monday—Thursday	6AM—8PM
Friday	6AM—6PM
Saturday	8AM—2PM
Closed Sundays	

# Fairhaven Recreation Policies & General Information

## Participants Responsibility

We ask all participants to respect the staff, other participants, age requirements, and the equipment. Please refrain from causing bodily harm to others and from using foul language. Additional rules will be announced at each program. If a participant fails to cooperate with the rules, the *Director reserves the right to dismiss or suspend a participant in any program without a refund of fees.*

Fairhaven Recreation is not a day care, after-school care program or babysitting service. Please read and understand the policies. If they are unclear to you please ask questions. **All** participants **must** pre-register for **All** programs.

During unsupervised open gym times an adult must accompany children under 12. The Recreation Supervisor on duty is only responsible for the activity taking place within the gym. Please be on time dropping off and picking up children from their programs. Failure to do so will result in additional cost penalties or suspension from programming. Children should not be left unattended.

## Play Card

Your play card **must** be with you when entering the building. You will be asked to scan it at the front desk as you enter the Recreation Center. Your card also gives you the opportunity to participate in all open gym activities. Play Cards will be issued at the Recreation Center during normal business hours. To obtain a Play Card you must provide 2 proofs of residency. Acceptable proofs of residency include a current utility bill, voter registration card or driver's license. For children, a report card or school I.D. card with an address will serve as valid proof.

## Photo policy...Smile

The Recreation Department and/or press take pictures and video on occasion of participants for publicity purposes and for local cable. If you don't want to have your child photographed please let us know.

## Program Registration

Registrations for programs will be during the regular operation hours listed in this brochure. Registrations will be accepted until the program is full and has met the minimum participation registration number. You may register for a play card at any time.

## Program Course Confirmation

No confirmations are sent out. A participant is registered only when payment is received, unless the Department notifies you otherwise. We will **only** notify you if there are any problems.

## Program Policies

All programs are offered to members on a first come, first served basis. Members must have a valid play card to sign up for programs unless otherwise noted. Fairhaven Recreation reserves the right to cancel or consolidate any program one week prior to the start date that does not meet the minimum registration numbers. Remember, nothing terminates a program faster than waiting until the last minute to register. Avoid disappointment and register promptly!

## Payment

Payment is due at the time of registration, check or money order made payable to Fairhaven Recreation. A fee of \$25.00 will be charged for any check returned for insufficient funds. No new registration of programming will be allowed until the \$25.00 fee is paid.

## Refunds

All programs are non-refundable, unless, the Recreation Department cancels a program. If you request to withdraw from a program you will only be refunded if sufficient time is allowed so that a replacement can be found and no costs are incurred by the department. There will be a \$10 administrative fee taken from the refund regardless.

## Switching Programs

If space allows and you wish to switch to another program there is a \$10 administrative fee and the request must be handled in person only.

## Age Requirements

Participants must be of noted age or grade by the first day of the program in which they are enrolled.

## Weather Cancellations

When the Fairhaven Public Schools are closed because of emergencies or weather conditions, **all** Recreation Department programming will be canceled for the entire day. If a storm develops later in the day please call the Recreation Department or check our Facebook page.

## Special Needs

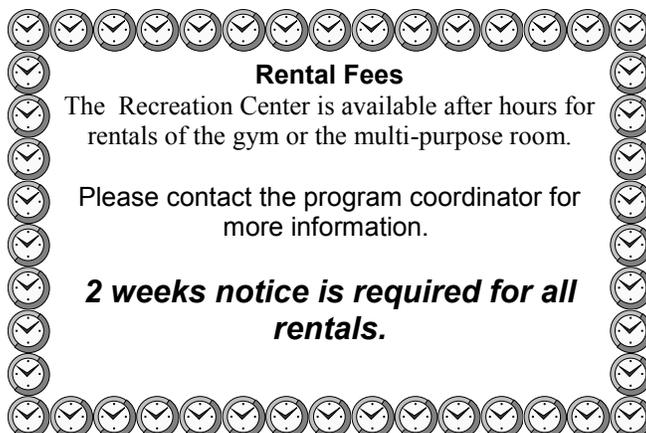
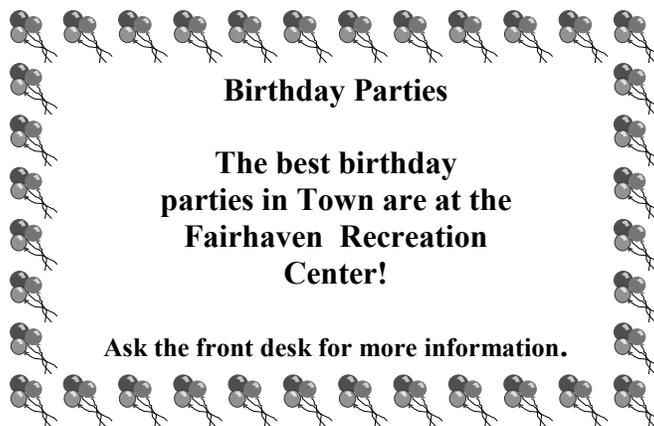
Children and adults with special needs are encouraged to participate in recreation programs. Staff members are sensitive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the facility, or wish to discuss program details, please call the program coordinator to ask about specifics.

## Personal Belongings

Please do not bring any valuables, toys or games to our programs. The Recreation Department is not responsible for lost or stolen articles. To be safe, leave articles at home unless necessary for the program.

## Non—Members

Non—Members can register for programs when space allows. There will be a non-member fee added to the program.



## FEE INFORMATION

### Fairhaven Residents:

<u>Category</u>	<u>Full Year</u>	<u>Six Months</u>
Child Play Card	\$30	N/A
Sr Play Card (age 62 +)	\$30	\$20
Adult Play Card	\$45	\$32
College Student	\$80	\$52
Senior Full	\$80	\$52
Adult Full	\$110	\$65
Teen Wellness (16—17) **	\$60	N/A

### Acushnet/Mattapoisett Residents:

<u>Category</u>	<u>Full Year</u>
Child Play Card	\$50
Sr. Play Card (age 62+)	\$50
Adult Play Card	\$80
College Student	\$125
Senior Full	\$125
Adult Full	\$190
Teen Wellness (16-17)**	\$80
Non Resident Tax Payer:	\$165



\*Please note that 6 month memberships are only available for Fairhaven Residents\*

\*\* These members must attend a training and parents must sign agreement prior to receiving this membership\*\*

***PLAY CARDS GIVE ACCESS TO OPEN GYM ACTIVITIES AND ALL PROGRAMS AT THE MEMBER RATE. A FULL MEMBERSHIP GIVES ACCESS TO THE WELLNESS ROOM, OPEN GYM ACTIVITIES, AND ALL PROGRAMS AT THE MEMBER RATE.***

### Important Dates to Remember

**The Center will be closed**

**Saturday July 4 In observance of Independence Day**



**The Gymnasium will be closed  
on the following dates for Blood Drives**

*Wednesday May 20, 2015—Blood Drive  
Saturday July 18, 2015—Blood Drive  
Wednesday September 16, 2015 - Blood Drive  
Wednesday November 18, 2015—Blood Drive  
Wednesday January 13, 2016—Blood Drive*



## Youth Programs

### Scotts & Major League Baseball's Pitch , Hit & Run

This National skills program provides boys and girls, ages 7—14, the opportunity to showcase their pitching, hitting & running abilities. Pitch, Hit & Run is intended to encourage youth participation and emphasize the “FUN” element of baseball competition. Boys & Girls compete in 4 age groups—7/8, 9/10, 11/12, & 13/14 with their age determined as of July 17, 2015. The event is **free** and winners may advance to the next level with the hopes of qualifying for the National Finals to be held in July at the MLB All—Star game in Cincinnati, Ohio

**Date : Saturday May 9, 2015**                      **Time : 10 AM**                      **Place: Livesey Park**

**Age is determined as of July 17, 2015**                      **Pre Registration is required**

**This is a free program! No Membership required**

### Home Alone Safety Class

This course is designed to encourage children to be more independent. Topics covered will be basic first aid, door and telephone protocol, accident prevention, and first aid for choking and safety measures. Pizza will also be provided. Space is limited... sign up soon!!

**Ages:** 9—11

**Date:** June 1

**Instructor:** Beth Oleson

**Time:** 5:30PM—8PM

**Cost:** \$50 Members                      \$55 Non-members

### Babysitting Class

This is a comprehensive 3 hour course for 11—14 year olds. Topics will include first aid, choke saving techniques, meal-time, bedtime, diapering, discipline, contracts and ethics. Pizza will be provided.

**Ages:** 11—14

**Date:** May 28

**Instructor:** Beth Oleson

**Time:** 5:30PM- 8PM

**Cost:** \$50 Members                      \$55 Non-members

### Kool Kids April Vacation

This 4 day program is a great opportunity to make new friends while participating in fun group activities such as polo, floor hockey, dodgeball, cooperative games, flag football, arts & crafts, etc. Kids will need to bring their own lunch for the first three days of the program and they will have a pizza lunch on Friday. Sneakers and active clothes must be worn each day. Kids will be grouped according to their current grade in school.

**Grades:** K—5                      **Dates:** Tuesday 4/21—Friday 4/24

**Times:** Drop off between 8—8:15, Pick up by 3PM

**Instructors:** Staff                      **Cost:** Member \$100    Non Member \$125

### Summer Tennis

**Tykes (ages 5—8) And Superstars (ages 9—10)**

Tykes	July 7 - July 30	Tuesday & Thursday	9:00—10:00AM
Superstars	July 7— July 30	Tuesday & Thursday	10:00—11:00 AM

**Futures (ages 11—16)**

Session 1	August 3—August 6	Mon - Thur	9:00—12:00PM
Session 2	August 10—August 13	Mon—Thur	9:00—12:00PM

**Fees:** Tykes & Superstars—\$50 Members/\$60 Non Members

**Futures—\$65 Members/ \$75 Non Members**

## **Kool Kid After School Payment/Refund Policies 2015-2016**

**We have set up our program again this year on a weekly basis**

**Child must be registered by at least the Friday before the week your child is attending. All registrations after will incur an administrative fee. \*No exceptions\***

**Weekly costs/with registration by Saturday or before**

	<b>1day</b>	<b>2 day</b>	<b>3 day</b>	<b>4 day</b>	<b>5day</b>
<b>1<sup>st</sup> child</b>	<b>\$17</b>	<b>\$30</b>	<b>\$42</b>	<b>\$52</b>	<b>\$60</b>
<b>Siblings</b>	<b>\$10</b>	<b>\$20</b>	<b>\$32</b>	<b>\$42</b>	<b>\$50</b>

**\*Sibling rate applies only when children are attending the same days\***

**Weekly costs/with registration after Saturday or later**

	<b>1day</b>	<b>2 day</b>	<b>3 day</b>	<b>4 day</b>	<b>5day</b>
<b>1<sup>st</sup> child</b>	<b>\$22</b>	<b>\$35</b>	<b>\$47</b>	<b>\$57</b>	<b>\$65</b>
<b>Siblings</b>	<b>\$15</b>	<b>\$25</b>	<b>\$37</b>	<b>\$47</b>	<b>\$55</b>

**Cancelling or changing days during a week your child is attending will incur a \$5.00 fee, for each change or cancellation.**

**Changes can be made any time before Monday for no charge.\***

**If you need to cancel or remove a day, a credit will be issued to your account, to be used toward your next payment, if change is made prior to Monday of the week they will be attending**

**Any time a school has a 1/2 day there will be no After school program.**

## Youth Programs

### Counselor in Training Program

In this new program teens ages **13-16** learn to become summer counselors. Included in this program is CPR, early education tips and job interview skills and much more, CIT's will plan and run a theme day for the summer Kool Kids program, run games, assist senior counselors with projects, etc. Field trips and a pizza lunch every Friday are included. Program runs for 2 week sessions. **Cost per session \$200.00 for members \$230 for non Members**

**You must be 13 to attend this program no exceptions  
Space is very limited in this program**

Session 1 : June 23—July 2 (no July 3rd)

Session 2: July 6—July 17

Session 3 : July 20—July 31

Session 4 : August 3—August 14

Session 5: August 17—August 28



### Kool Kids Summer Vacation

**Registration: Sat. April 25th & Sat. May 2nd 8AM—2PM**

**A T-Shirt is included for each participant Additional shirts May be purchased for \$10**

Kool Kids is for children entering 1st grade in the fall through age 12. Children will have fun each day by participating in a variety of sports, games and art activities. Each session will also include special themed events. Children are grouped by the Grade they will enter in the Fall. Don't miss out on this great summer program. Last years program was full almost every week. Sign up early so we can take more participants than years past.

**Hours:** Monday thru Friday 8AM—3PM, Drop off 7:45AM—Pick up 3PM

\*extended day will be available; AM only (7AM) - \$25, PM only(4PM) - \$25, Both \$40

**Weekly Schedule:** Session 1: June 23—June 26 (\$120)    Session 2: June 29—July 2 (\$120)  
Session 3: July 6—July 10    Session 4: July 13 - July 17  
Session 5: July 20—July 24    Session 6: July 27—July 31  
Session 7: August 3—August 7    Session 8: August 10 -August 14  
Session 9: August 17—August 21    Session 10: August 24—August 28

**Only \$130 per child  
Per session  
\$100 Each  
Additional Sibling  
(non-residents are welcome for an additional \$25 per session)**

### Youth Track & Field

This summer, Fairhaven Recreation will be continuing our youth track and field program for children ages 3 through grade 8. This program starts at the end of the school year and runs for 4 weeks. The program is **Free** with your play card and will meet 2 days a week at Cushman Park from 6—8PM. **Register on Saturday April 25th and May 2nd from 8AM—2PM**

## Adult Programs

### **20—20 —20**

This Fantastic class focuses on 20 minutes of hi—lo aerobics, 20 minutes of floor work, and 20 minutes of ab work. Students must bring 3—5 lb. hand weights. Looking to lose a few pounds or just tone up? Join this class, it only takes an hour!

**Ages:** 16—Adult

**Days & Times:** Tuesday and Thursday 6:45PM-7:45PM

**Cost:** \$50 Member \$75 Non Member

**Start Date:** March 24

**End Date:** May 28

**Instructor:** Julie Baiardi

### **Vinyasa Yoga**

A flow of asanas (postures) designed to stretch, strengthen, and align the body. This practice will have pranayama (breathing techniques), introduction to a few more advanced postures and a short meditation at the end of each class. A well rounded continuing class for those looking to deepen their yoga practice. Experience with yoga is helpful, but not required. All levels are always welcome. Wear comfortable clothing, stay hydrated and bring anything you need to make your practice comfortable (mats, blankets, eye bags, etc.)

**Ages:** 16—Adult

**Day & Times:** Tuesday 6PM-7:15PM

**Cost:** \$45 Member \$70 Non Member

**Start Date:** May 5

**End Date:** July 7

**Yogini:** Juliet Loranger /Lindsay Williams



### **Cardio Mix**

Start off your class with a 15 minute cardio warm—up that leads into a 45 minute total body toning workout— arms, legs & abs. You name it, we work it. The class incorporates the use of hand weights, balance ball, and floor work. Students must bring their own hand weights up to 8 lbs. and a balance ball.

**Ages:** 16—Adult

**Start Date:** March 17

**End Date:** June 2

**Day & Times:** Tuesday & Thursday 5:30PM—6:30PM

**Cost:** \$50 Member \$75 Non-Member

**Instructor:** Nancy Gibeau

### **Adult Open Gym Basketball**

Work up a sweat with indoor pick up games! Open gym is free for all members.

**Days & Time:** Monday 6PM—8PM

**Ages:** 18 & older



## Adult Programs & Special Events

### **Relaxed Flow Yoga**

Relaxation Yoga is a great option for beginner students. This class will allow you to destress after a busy day and give you a chance to stretch, which will lightly raise your heart rate and increase blood flow throughout your body. This class is geared to improve posture, balance and increase range of motion. Modifications and options for all levels will be offered during class. Please bring your own props (i.e. blocks, blankets, water) for the 1 hour class.

**Ages:** 16—Adult

**Days & Times:** Wednesdays 10AM—11:15 AM

**Cost:** **DROP IN ONLY** \$7 Member

\$10 Non Member

**Start Date:** May 5

**End Date:** July 7

**Instructor:** Kat LeBlanc



### **Zumba Toning**

*Kick up your heels with a Latin beat! Join this drop-in class!*

***Mondays & Wednesday from 5PM—6 PM***

***\$5 Members \$7 Non Members***

***Instructor: Kim Jacobsen***

## **On the Road with Fairhaven Recreation.**

### **Shopping up North**

Come with us as we head to Kittery Maine for a chance at filling your Christmas list. The bus will leave the Recreation Center at 7AM and return at 7:30PM. Light refreshments will be available in the morning. **All Children must be accompanied by an adult.**

**Date: Saturday, October 17th, 2015 Cost \$30 per person**

**Deadline for registration is October 10th**



### **NYC on your own**

Shopping and sightseeing in the Big Apple...why not? Enjoy a day in New York City as we travel in style in a luxury motor coach. The perfect opportunity to get that holiday shopping done early, visit local places of interest, check out a show, see the holiday decorations or just wine and dine. Drop off is at Times Square. Pick up at Bryant Park. Bus leaves from the Fairhaven Recreation Center where coffee and donuts will be available upon arrival. We'll provide movies on the bus. To be sure that this trip can run pre—registration is required. **All children must be accompanied by a parent.**

**Depart FHVN: 6AM Arrive NYC: 10:30AM**

**Depart NYC: 5PM Arrive FHVN: 10PM**

**Cost: \$50 Date : November 28th**

**Registration Deadline is November 21st**