



Town of Fairhaven Council on Aging

Fairhaven Council on Aging • 229 Huttleston Ave, Fairhaven, MA 02719
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Fairhaven Council on Aging • Board Meeting Minutes August 8, 2023

Present: Martha Reed, Carol Burt, Robert Ryan, Terry Pereira, and Joan Mello, Jackie Kenworthy, Lee Allaire

Absent: Susan Oiestad

- 1.) The meeting was legally posted on August 3, 2023
- 2.) The meeting was called to order by Martha Reed at 9:05am
- 3.) Meeting Minutes:
 - a. Robert Ryan made a motion to accept the minutes from the July 11, 2023 meeting, Carol Burt seconded, vote passes.
- 4.) Financial Report:

The current requested numbers for the budget were available. We should be hearing shortly if any have changed. If they have changed, the budget will be adjusted accordingly. Both van 2 & 5 failed inspection. Van 2 is due to an exhaust needing repair. Van 5 is due to a sensor. The vans will be fixed shortly and if we need to request more funding we will do so.
- 5.) Old Business:
 - a. **Intergenerational Summer Programming:** Champions program is going very well. We have them here for 3 more weeks until it ends. August 23rd is the intergenerational field day. The Kool Kids from the Rec center will be participating with us and we are anticipating a great time.
 - b. **Summer Intern:** Adriana finished up last week after 45 hours of service. She observed and worked with Social day and with SHINE. She also attended "Celebration of Seniors" and worked with the reception desk up front.
 - c. **Social Day Rate Increase Effective 9/1/2023 feedback:** All participants are aware of the rate increase. There has been no negative feedback. Very close to expanding to 4 days, possibly a Friday due to Monday holidays. More information to come at the next meeting after reviewing budgets.
 - d. **Outreach Expansion Update:**
- 6.) New Business:
 - a. **UMASS-Leduc Center Cosair Engagement:** Conversations are just beginning. We have hopes for them to help with supper clubs as well as helping seniors with cell phones.
 - b. **Fall Programming:** A meeting with Kraig Perry will begin shortly to go over all courses. Zumba is not returning and we are looking to fill that time spot. Cribbage is being added into the fall on Mondays. The COA also received and invite to the Autumn Flower Show at Round the Bend Farm in Dartmouth. We are replacing a mall trip for the Flower show and a small lunch. The trip will be \$10.
 - c. **Mobile Dental Services:** We received notice that the dental service did not renew their grant. No other dental service at the moment. We have reached out to BCC with their dental program to see if we can work with them.

- d. **Community Health Fair- October 6, 2023 9:00am-1:00pm:** Currently in the process, will have more information available next month.

7.) Director's Report

- a. **Senior Center/Program Utilization:** The Senior Center hosted 108 events in June. 476 unduplicated persons attended events at the Senior Center in June for a total of 2,032 units of service last month (swipes). The daily utilization rate for the center in June was 85. SHINE Counselors continue to assist clients with Mass Health recertification's and Medicare enrollments, serving a total of 80 clients last month.
- b. **Transportation Utilization:** 235 Rides were provided to 98 seniors in June.
- c. **Volunteers:** In June, 15 Persons volunteered 515 hours at the Senior Center. The dollar value of these volunteer hours is over \$12,000.
- d. **Community Needs:** 4 Seniors were assisted with SNAP recertification's and new applications. 2 Seniors were assisted in completing housing applications.
- e. **In-person event highlights:** 95 Seniors participated in Supper Clubs. 30 Seniors participated in the congregate lunch program in June.
- f. **Social Day:** Please see attached report from Sally Bourke.
- g. **Intergenerational Activities:** The children from the CHAMPS summer program from the Woods School continued spending 2 hours every Tuesday morning with the Social Day Program. During these two hours, the seniors and the children work on a craft project or activity and then have lunch together. We have secured the entertainment and are finalizing plans for the first Intergenerational Field Day with the children attending the Kool Kids Summer Camp at the Rec Center on August 23, 2023.
- h. **Fall Programming:** The Zumba Instructor informed us she will not be returning in the fall. We are working on filling that Friday time slot with another Zumba instructor or Cardio Dance type of class. A Community Health Fair is planned for Friday, October 6, 2023, from 9-1 at the Rec Center and are in the process of finding sponsors and vendors for the event. The SHINE counselors are preparing for the annual Medicare Open Enrollment coming in October.

8.) Social Day Coordinators Report:

Activities: Exercise, Bingo/Jingo, Trivia, Current Events, Reminisce, Crafts, Puzzle Group, Horse Race Game, Baking Group, Walking Group, Frisbee Toss, Left, Right, Center Game, Moxie Mobility, Lucky Dog, Adult Coloring Pages & Penny Ante, & Bunco, & Sing along with "Suzie"

Entertainment this month: 7/13 & 7/27 Karaoke with Rick Ferreria

Notes:

1. **7/11-** The Champs Summer program, joined the seniors in an Art project.
2. **7/12- Troy DeCouto from the fire department-** Visited us at the Social day program to demonstrate the fire drill procedures for the clients and staff. Everyone participated in a "Evacuation" and showed us the designated areas to gather depending on the location of the fire in the building.
3. **7/20- "Greek Day"-** Clients enjoyed a Greek lunch consisting of Stuffed Peppers, Fasolada, Pita & Lemon Shortcake Cookies! After lunch they enjoyed watching Rick Steves Europe as he explored the Greek islands.
4. **7/26-** The Social day clients raffled the "Mermaid" wreath that they created.

Upcoming Events:

- 8/3- Entertainment-Lisa Soares
- 8/17- Mexican Day
- 8/23 Intergeneration Event with Kool Kids/ Rec Center
- 8/24 Karaoke with Rick Ferreria

Total Units served this month was 190 with a client average of 17.

9.) Next Meeting : September 12, 2023 at 9:00am

10.)Roll Call & Adjournment: Martha Reed adjourned the meeting at 9:35 am.

Respectfully Submitted,

A handwritten signature in cursive script that reads "Jocelyn Bowers".

Jocelyn Bowers
Principal Office Assistant - Fairhaven COA

